



Food and Health

Date: \_\_\_\_\_

1. Fill in the blanks:

- (a) Communicable diseases spreads through \_\_\_\_\_ and \_\_\_\_\_.
- (b) \_\_\_\_\_ spreads through insect bites.
- (c) DPT stands for \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- (d) Deficiency of vitamin K is called \_\_\_\_\_.
- (e) \_\_\_\_\_ is caused due to overnutrition.

2. Match the following with the diseases caused due to their deficiencies:

- |               |                            |
|---------------|----------------------------|
| (a) Vitamin A | (i) Goitre                 |
| (b) Vitamin B | (ii) Anaemia               |
| (c) Vitamin C | (iii) Night blindness      |
| (d) Vitamin D | (iv) Beriberi              |
| (e) Iron      | (v) Rickets                |
| (f) Calcium   | (vi) Scurvy                |
| (g) Iodine    | (vii) Weak bones and teeth |



3. Name any two:

- (a) Energy-giving foods \_\_\_\_\_, \_\_\_\_\_
- (b) Communicable diseases \_\_\_\_\_, \_\_\_\_\_
- (c) Vaccination \_\_\_\_\_, \_\_\_\_\_
- (d) Non-communicable diseases \_\_\_\_\_, \_\_\_\_\_
- (e) Lifestyle diseases \_\_\_\_\_, \_\_\_\_\_

4. Answer in one word:

- (a) Food that protects us from diseases \_\_\_\_\_
- (b) Disease caused due to eating contaminated food \_\_\_\_\_
- (c) BCG stands for \_\_\_\_\_
- (d) MMR stands for \_\_\_\_\_



# WORKSHEET 10

## Safety and First Aid

Date: \_\_\_\_\_

### 1. Choose the correct option:

- (a) We use (**splint/medicine**) if we get fracture.
- (b) If we get burnt we must use (**oil/water**).
- (c) Sprain results in (**bleeding/swelling**)
- (d) We (**must/must not**) use expired medicines.
- (e) The dogs, cats, wolves and bats are known to have rabies virus in their (**saliva/blood**).
- (f) (**Pet/Stray**) animals are usually vaccinated and their bites can be treated at home.

### 2. Answer the following questions:

- (a) Why should we not pour water on fire caused by electricity?

\_\_\_\_\_

- (b) How will you put out a fire caused by petrol?

\_\_\_\_\_

- (c) What will you do if a person catches fire?

\_\_\_\_\_

- (d) What precautions should we take for safety against poisoning?

\_\_\_\_\_

- (e) What will you do if a person gets a snakebite?

\_\_\_\_\_

### 3. Write 'True' or 'False':

- (a) We should not move the fractured part of the victim.

\_\_\_\_\_

- (b) We wash the burnt area of the victim with plenty of water.

\_\_\_\_\_

- (c) We apply antiseptic to a wound to prevent infection.

\_\_\_\_\_

- (d) We should allow a snakebite victim to sleep.

\_\_\_\_\_

- (e) Medicine should be kept in the reach of children.

\_\_\_\_\_



Date: \_\_\_\_\_

**Fractions**

1. Fill in the boxes:

(a)  $\frac{1}{5} = \frac{\square}{25}$

(b)  $\frac{3}{7} = \frac{\square}{28}$

(c)  $\frac{\square}{14} = \frac{1}{7}$

(d)  $\frac{18}{\square} = \frac{9}{25}$

(e)  $\frac{20}{31} = \frac{\square}{93}$

(f)  $\frac{2}{3} = \frac{16}{\square}$

2. Find the sum of the following:

(a)  $2\frac{5}{6} + 3\frac{3}{8}$

(b)  $1\frac{7}{10} + 1\frac{5}{8}$

(c)  $3\frac{1}{4} + 2\frac{5}{7}$

(d)  $6\frac{4}{5} + 3\frac{3}{10}$

3. Simplify the following:

(a)  $\frac{14}{16} \div 1\frac{3}{4} \times \frac{1}{2} + \frac{4}{5} - \frac{7}{8}$

(b)  $6 + \left\{ 1\frac{1}{2} + \left( \frac{3}{4} - \frac{1}{2} \right) \right\}$

4. Solve the given word problem:

There are 56 students in class V out of which  $\frac{3}{7}$  are girls. How many boys are there altogether?



# WORKSHEET 18

## Length, Weight and Capacity

Date: \_\_\_\_\_

### 1. Fill in the blanks:

(a)  $55 \text{ mm} = \underline{\hspace{2cm}} \text{ cm}$

(c)  $\underline{\hspace{2cm}} \text{ mm} = 2.3 \text{ cm}$

(e)  $\underline{\hspace{2cm}} \text{ m} = 1.715 \text{ km}$

(g)  $89 \text{ m} = \underline{\hspace{2cm}} \text{ km}$

(i)  $\underline{\hspace{2cm}} \text{ cm} = 16.70 \text{ m}$

(k)  $80 \text{ mm} = \underline{\hspace{2cm}} \text{ cm}$

(m)  $\underline{\hspace{2cm}} \text{ mm} = 8.4 \text{ cm}$

(o)  $\underline{\hspace{2cm}} \text{ m} = 1.54 \text{ km}$

(b)  $38 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

(d)  $\underline{\hspace{2cm}} \text{ cm} = 4.5 \text{ m}$

(f)  $398 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

(h)  $\underline{\hspace{2cm}} \text{ m} = 5.105 \text{ km}$

(j)  $\underline{\hspace{2cm}} \text{ m} = 1.015 \text{ km}$

(l)  $66 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

(n)  $\underline{\hspace{2cm}} \text{ cm} = 40.6 \text{ m}$

(p)  $330 \text{ cm} = \underline{\hspace{2cm}} \text{ m}$

### 2. Fill in the blanks:

(a)  $1000 \text{ g} = \underline{\hspace{2cm}} \text{ kg}$

(c)  $1000 \text{ kg} = \underline{\hspace{2cm}} \text{ tonne}$

(b)  $1000 \text{ mg} = \underline{\hspace{2cm}} \text{ g}$

(d)  $100 \text{ kg} = \underline{\hspace{2cm}} \text{ quintal}$

### 3. Solve the following word problems:

(a) Renu bought 2.810 l milk on Monday, 3.090 l milk on Tuesday and 2.618 l milk on Wednesday. How much milk did she buy?

(b) Mohammad filled 435.700 l diesel in his truck. He used 383.835 l diesel for transporting goods. How much diesel, is left in his truck?

(c) Sofia bought 1.250 litre milk at ₹ 19 per litre. How much did the milk cost her?

(d) If 5 bottles hold 6.250 litre of Coca Cola, how much Coca Cola can 7 bottles hold?



## Greenland: The Land of Ice and Snow

Date: \_\_\_\_\_

1. Fill in the blanks with the help of words given in the box:

• eskimos • island • mountain • whaling • Baffin

- (a) Greenland is the coldest and the largest \_\_\_\_\_ in the world.  
(b) On the west of Greenland is the \_\_\_\_\_ Bay.  
(c) Gunnbjorn fjeld is the highest \_\_\_\_\_ in Greenland.  
(d) Inuits were earlier called \_\_\_\_\_.  
(e) Hunting of whales for meat and oil is called \_\_\_\_\_.

2. Answer the following questions:

(a) How did Greenland get its name?

\_\_\_\_\_

(b) What do you know about the land features of Greenland?

\_\_\_\_\_

(c) Describe the two climate zones of Greenland.

\_\_\_\_\_

(d) Why is Greenland called the 'Land of Midnight Sun'?

\_\_\_\_\_

(e) Why farming is not possible in Greenland?

\_\_\_\_\_

(f) What is the difference between an igloo and a tou pig?

\_\_\_\_\_

3. Match the following:

(a) Gunnbjorn Fjeld

(i) Lake

(b) Baffin

(ii) Bird

(c) Tasersuaq

(iii) Mountain

(d) Eider

(iv) City

(e) Aasiaat

(v) Bay



**Saudi Arabia: The Land of Sandy Deserts and Oasis**

Date: \_\_\_\_\_

1. Fill in the blanks with the help of words given in the box:

- petroleum • Asir • Abha • Rub'al Khali

- (a) The \_\_\_\_\_ region in the southern part of Saudi Arabia is one of the largest sand desert areas of the world.
- (b) \_\_\_\_\_, a hill station is cool in summers.
- (c) The \_\_\_\_\_ region has grasslands and trees.
- (d) After the discovery of \_\_\_\_\_ in Saudi Arabia, the life of people got remarkably changed.

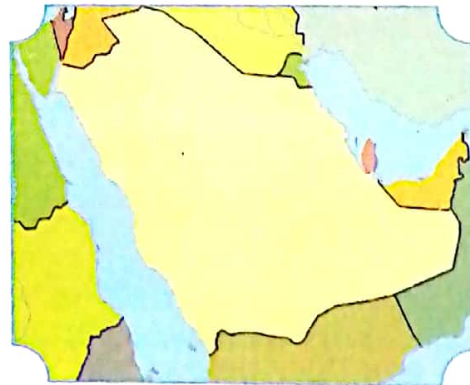
2. Name the following with respect to Saudi Arabia:

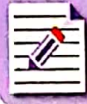
- (a) The highest mountain peak \_\_\_\_\_
- (b) Climate \_\_\_\_\_
- (c) An oasis \_\_\_\_\_
- (d) National language \_\_\_\_\_

3. Give reasons for the following:

- (a) Camel is known as the 'Ship of the Desert'.  
\_\_\_\_\_
- (b) Water is scanty in Saudi Arabia.  
\_\_\_\_\_

4. Mark the neighbouring countries of Saudi Arabia on the given map:





Verbs

Date: \_\_\_\_\_

A verb is a word that shows an action, habit or state of being.

1. Circle the verbs and write whether they are transitive or intransitive in the given blanks:

- (a) My uncle gifted me a watch.
- (b) The clock ticks all day and night.
- (c) The hungry lion roars loudly.
- (d) The boy flew a colourful kite.
- (e) Mr Roy teaches music.
- (f) We are arranging a class picnic.
- (g) Sammy plays the guitar in the band.
- (h) The car bumped into the tree.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Make ten sentences, five transitive and five intransitive, using the following verbs. One has been done for you:

• scold • run • watch • clean • sit • won • sing • found

- (a) Mother scolded Dolly. (transitive)
- Mother was scolding Dolly. (intransitive)

- (b) \_\_\_\_\_
- (c) \_\_\_\_\_
- (d) \_\_\_\_\_
- (e) \_\_\_\_\_
- (f) \_\_\_\_\_
- (g) \_\_\_\_\_
- (h) \_\_\_\_\_



Date: \_\_\_\_\_

## Adjectives

An adjective is a word that describes or clarifies a noun.

1. Form adjectives by adding suffixes and write them in the correct boxes:



- child • poison • friend • mess • fashion • beauty
- harm • adore • honest • love • outland • adventure
- pink • mystery • joy • peace • comfort • taste • dirt
- memory • danger • fool • month • happy

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2. Underline all the adjectives in the following sentences:

- Red chillies add a spicy flavour to Indian dishes.
- The teacher identified those students as top performers.
- A hungry bird was pecking at a juicy fruit.
- That is a beautiful dress you have bought.
- The trip to London was memorable.



# Holiday Home Work

Class V

1 कौलाज का प्रेम तैयार करे :-

2 उलट-पलटकर इन अक्षरों से सही शब्द बनाओ ।

मजना, लकौय, टरमो, मलौडी, हनोमर  
करमो जनमो पददोप

3 कुछ लौकिकीयाँ उनके अर्थ वाक्य बना कर याद करे ।

आ बैल मुझे मार जो गरजते हैं सो वरसते नहीं  
खोदा पहाड़ निकली चुटिया, जैसी कसी वैसी भरी

Ch 11, 12 (मेरा नया वचन, जिलसन मंडेला)  
(O/A Learn it)